

**Packed with
Content for The
Metaphysical
Woman!!**

HYDF

**On The Leading Edge of Women's
Organizations**

**A Publication By Women for
Women**

7th Edition October 2021.

**Teresa Wilson
Goddess and Trail Blazer. She
Explains "Ominism" and
Schools Us on How She Did
and Still Is Paving The Way!**

Andrea's Top 10 List!

**Introducing our newest collaborator
Dr. Free! She explains
Authencity**

**Glenda The Good Witch
Explains Why She Doesn't
Just Use Sage!**



**Healing
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Wounds**



**Sunday
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www.hydf.online



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What are we? A women's organization that promotes entrepreneurship, elegance and empowerment for all women.

What do we do? Retreats, workshops, classes, programs, products, and curriculum.

Culture? We are metaphysically and practically grounded. Offering tools and resources to teach women how to create safe space for themselves and others. We stand by the concept of "When you give a woman of opportunity you are giving her the world" We are proudly radically inclusive.

Where are we? Our headquarters are in Atlanta, GA. We do have women involved throughout the galaxy.

How can you be involved? Go to the website and subscribe. You will receive weekly newsletters of our events and projects.

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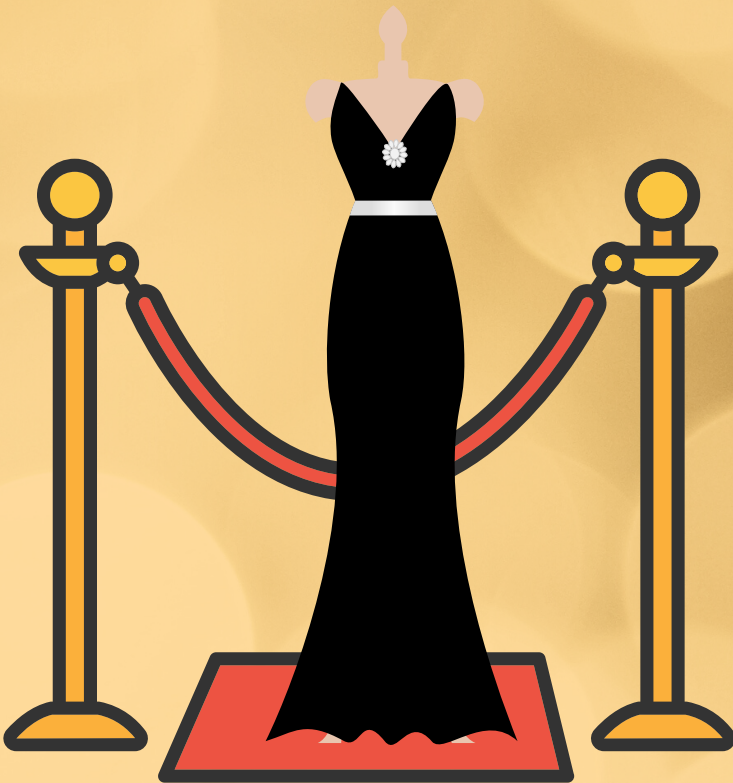


Programs, Products, & Curriculum designed
by women for women.

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Dates To Remember

Ladies Retreat
April 1st-3rd 2022
Fierce Fall Retreat



March 12th, 2022
Goddess Gala
6pm
Husbands, Boyfriends and
Kids Welcome
LQBTQIA Welcome

Find out more about our events online and in person

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Email hydflove@outlook.com

Call The Inner Space 404 252 4540

Online www.hydf.online

YouTube Harnessing Your Divine Feminine Andrea



What is Authenticity?

Authenticity is a gift that every person is born with. Once we learn to embrace the gift of our authenticity, it serves as a divine seal for everything we say and do as we exist in the world. The contentment that comes from leading an authentic lifestyle is incomparable. It's a life well worth living!

Other people will do kind and loving deeds that inspire us and serve as an impetus for our activities. However, people may do similar tasks and accomplish common goals, but no one will and can do it like just you. Competition is never a necessary factor when authenticity is the motivation. Your energetic signature, individual purpose, and journey make what you do unique to you. Authentic people understand that they came to be original.

Authenticity is our birthright! It should go without saying.

Nevertheless, in this world, “normal” and “status quo” are still expectations for being a benefit to society—so, it must be said. It takes self-love, courage, and tenacity to step outside the box and color outside the lines of programming and old paradigms.

Love for self means making yourself the priority. Self-love will give you the courage to do what is for your highest good which is always for the good of all. In time, we become more and more courageous until our courage morphs into a tenacity that keeps us moving forward and showing up authentically regardless of where we are and who we are with.

When we are acting authentically, our core values align with our words and our actions.



Compromise happens when it is necessary but never to a degree where there is a betrayal of self. To remain loyal to self, authentic individuals understand the importance of establishing healthy boundaries and existing without codependency. Authentic people experience oneness with all things, but their vibrant independence encourages others to be just as authentic as they aspire to be. Freedom and authenticity go hand in hand.

Those of us who are authentic have discovered the strength in vulnerability and the beauty in being transparent. Both are necessary for sincere and intimate connections with others. When we are vulnerable and transparent, we reveal our most authentic selves.

Also, it is necessary to mention that authenticity is not a license to be unkind or rude. As a sovereign being people have the right to behave as they choose. In the same way, the people they are rude to can also choose what they are willing to tolerate as an act of self care.

Deana "Dr. Free" Gordon

Email: deana.gordon777@gmail.com

Website: Authenticthought.net

Online school: <https://authenticity-academy.teachable.com/>

YouTube: Authentic Thought: Be You, Authentically





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About the Creator of the Publication

Andrea Bagby is a creative visionary, yoga instructor, renowned intuitive coach, public speaker, published author, and the founder and director of Harnessing Your Divine Feminine. Andrea shares her stories, advice, and predictions with a humorous look at lifestyle, metaphysics, and spirituality. She has been instrumental in assisting women in becoming the best expression of their highest self. Andrea continues to empower women in all walks of life: housewives, mothers, businesswomen, philanthropists, and spiritual leaders in every major religion. Andrea is available for private readings, coaching sessions, and workshops. Call (404) 252-4540

Peer Network Support Groups



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I am so excited to announce the latest HYDF initiative. We are in the process of launching a new innovative way of uplifting and supporting women around the world. These groups are digitally based and peer driven. These groups are complementary and available to all women.

Benefits of membership

***Weekly inspiration**

***Confidential**

***Sisterhood**

***Advance notice of HYDF events**

***Access to other metaphysicians and opportunities**

How do I sign up? To sign up to be a part of this complementary program by women for women visit our website at www.hydf.online. Or reach out to hydflove@outlook.com You will hear from your group lead in 24 hours via email. hydflove@outlook.com As always ladies; I adore each of you.

**"The Power of Women Gathering (even online) is
immeasurable"**





Period Positive Positive Periods

Receive a box of feminine products. Donation based. No requirements or questions asked. Could be for one month or a year. No woman should feel shame or have to choose between these products or food or gas. Please fill out the registration form on the website below include your bra size and preference of pads or tampons in the comments.

This program is open to all women.



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The Truth About Yoga Teacher Training

Imagine opening yourself physically, mentally, emotionally and spiritually while becoming certified to share that gift with others. Yoga Teacher Certification will expand your own abilities while giving you necessary information and skills to teach others while opening up a potential new career. Andrea is a healer of the mind, body & spirit. She combines intuition, reiki, and yoga as she teaches Yoga Teachers to explore and embrace their own spirituality by incorporating all the branches of Yoga.

Andrea is an expert in activating intuition, teaching teachers, building spiritual businesses, coaching future teachers, leaders and entrepreneurs to embrace their dreams and life purposes. This 200 hour Yoga teacher training covers all the branches of yoga, anatomy & physiology of Asanas, Ayurvedic practices, the business of yoga by incorporating ancient wisdom with the tools and knowledge of how to make this practical for the modern mystic. We stretch beyond the asanas diving deep into the practical practice of meditation, learning the correlation of chakras, anatomy and asanas with the objective of obtaining a whole practice of wellness and how to guide students through this practice. Call Andrea for specific dates, payment plans and other questions. Investment is \$2500 Call 404 252 4540 to register.



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Yoga Teacher Certification will expand your own abilities while giving you necessary information and skills to teach others while opening up a potential new career.

www.hydf.online





Teresa Wilson
Healer, Goddess, Teacher
www.kudzucenter.com



What contributions have you made in the advancement of women's rights?

I'm not sure that I have ever contributed to the advancement of legal rights, but I have supported individual women. I was one of the first woman leaders in my work organization. I hired and promoted diverse women into roles that were traditionally held by men. I have been a formal and informal mentor to others. In business, I have consciously taught that female leadership "energy" is powerful, collaborative, collegial and better suited for win-win relationships. Women do not need to lead in business suits, through cutthroat competition, or by self-centeredness. I have championed spiritual paths that recognize both God and Goddess energy.

Women in Technology?

In 1973, I saw my first vacuum tube computer and fell in love with computing. I went to programming school when it was a "man's world" and thrived in the earliest years of computer programming (e.g., Assembler, COBOL, FORTRAN). Before the Internet existed, I had a highly successful computer bulletin board service (BBS) called Maude's Motherboard.

It was named after the Maude in the movie, "Harold and Maude" not the Bea Arthur "Maude," but both women are great role models. I don't know another woman who ran a BBS. I'm sure there were some.

Now, I spend time with technology incubators, including Georgia Tech's VentureLab, helping brilliant medical device engineers develop their revenue stream projections.

Religious Freedom?

I helped a non-traditional church fight several property tax cases in Fulton County, GA brought by a commissioner who believed that Christianity and Judaism were the only legitimate religions.

Top 3 tips in navigating spirituality?

Try everything once. Something will resonate. When it does, follow that path. There are inner teachings that come with time. They are worth the effort to learn. As the Buddhist teachers say, "Chop wood, carry water."

What is your number one metaphysical tool?

Meditation.



Got Ghosts?
Demons?
Weird Stuff?
Addiction or Trauma?

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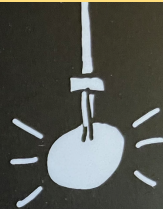
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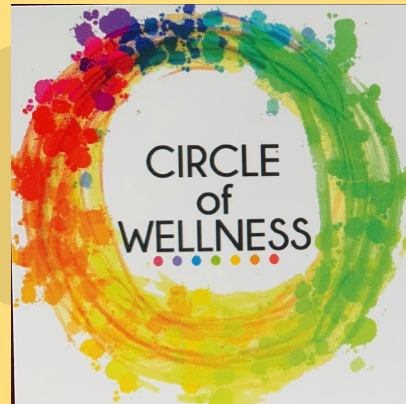
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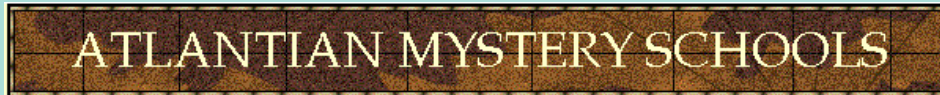
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Why choose Atlantian Mystery Schools over other programs or independent study?

We have been training hypnotherapists, spiritual counselors, astrologers and spiritual healers since 1995. Dozens of our graduate professional practitioners have gone on to establish their own business or to work in metaphysical centers. (Referrals available upon request.)

With life coaching now gaining in popularity, many clients who would have been hesitant to seek the counsel of the more esoteric practitioners are seeking guidance from spiritual life coaches.

With this in mind, we have now put forth a course of study that is especially geared toward clients who wish to find excellence in their lives. This is our spiritual life coaching program. You can gain a certificate as a spiritual life coach in as little as a year attending two classes per week, usually on a weeknight evening.

The mission of Atlantian Mystery School is to offer a course of study suitable for seekers at every level of their journey. Our courses give a firm basis for developing the innate skills necessary to become a professional psychic, energy healer, life coach or astrologer. These courses are equally beneficial for the advanced or casual student and are a wonderful basis for everyone with a strong desire for self knowledge, an understanding of others and the workings of Universal energies. With the exception of our ordination program, all courses are non-sectarian and those from every spiritual path will feel comfortable. The ordination program offers courses of study based in Buddhism, Kabbalah, Mystical Christianity, Shamanism and Wicca.



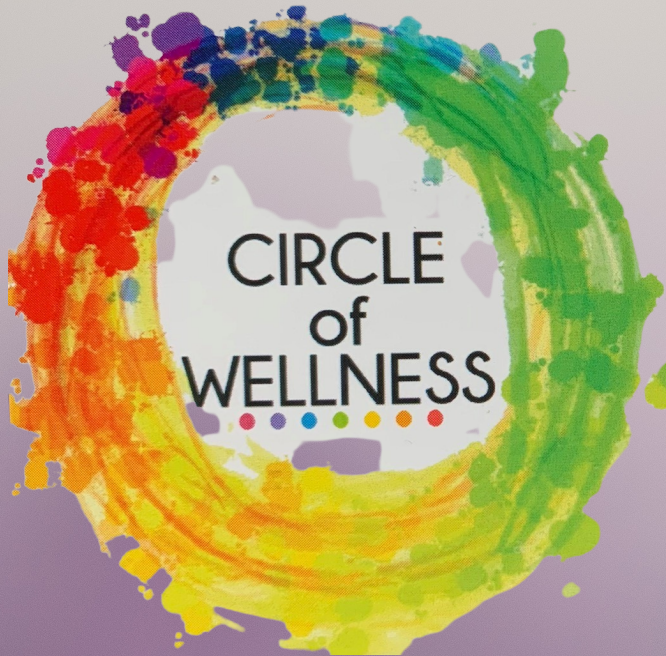
My Road To Omnism
Teresa Wilson
Intuitive, Public Speaker, Healer
www.kudzucenter.com



Omnism is the deeply held respect and recognition of all religions, spiritual paths, and of no religion or spiritual path. A friend of mine once said, “All religions are facets of a diamond.” And, I believe that is true. There are nuggets of truth and goodness in all of them. There is also value in questioning blind faith and even in disbelieving. Before my Methodist church-organ playing mother could marry my Catholic father in a church wedding, she had to promise to raise their children as Catholic. And, she kept her word. Despite the cost, we went to Catholic elementary school and high school in Birmingham, AL. We took catechism classes, ethics classes, morality classes. In elementary school, we would collect \$5.00 in pennies and milk money to sponsor the adoption of a baby in some foreign country. A priest, John King, profoundly changed my life when I was 13 by reminding me that I have moral obligations to everyone else in the world. Tragedies don’t just strike people in Ecuador or Myanmar. Those people are part of me. We are one. In October 1971, when I was a senior in high school, the rock opera by Tim Rice and Andrew Lloyd Weber, Jesus Christ Superstar, hit Broadway and three of my teachers played the entire soundtrack as “class.” Eventually, I considered becoming a nun. But, it wasn’t meant to be. In a theology class, a priest told me that religions were like rings around a central sun, with Catholics being the closest rings, Protestants next, then non-Christians, and so forth. I **knew** that was wrong. It was my first real spiritual revelation. Soon after, I sat in a chapel alone and said to God, “I’ll get back to you.” And, I did. But, it was a circuitous journey. I thought that Harinam Singh Khalsa and his family that run the Golden Temple in Birmingham were onto something with their peaceful, vegetarian Sikh faith.

In college, I was baptized into the Methodist church and attended for a while. After moving to Atlanta, I spent some time at the Buddhist Dharmadhatu Center sitting zazen. Teachers at the Foundation of Truth & Light in Ansley Park introduced me to the world of meditation, Scientology, and so much that was on the borders of religion, philosophy, and spirituality. I visited the Krishna Consciousness temple on Ponce de Leon Avenue. [A very ineffective pick-up line a guy used was, "I want to practice Tantra with you."] Once, I danced a meditation dance with whirling dervishes of the Sufi Muslim faith. (Yes, some Muslim sects include men and women as equal spiritual leaders.) At one point, I realized that by dipping into religions, I was missing the inner teaching of any one of them, the secrets that are only available to initiates of the various esoteric traditions. The knowledge, power, and wisdom that comes with hard, long, inner work. That's when I decided to spend a considerable amount of time at the Ravenwood Church of the Old Religion. Make no mistake: I could have chosen any religion for this deep dive.

In the late 1980s, I moved to Carrollton, GA to pursue a Master's in transpersonal psychology. As fortune would have it, my two main professors were a Danish Buddhist priest, William G. Roll, the original "ghostbuster," parapsychologist, and president of the Parapsychological Association and Raymond Moody, MD, the father of near-death experience research and who continues teaching today at the Inner Space, including his psychomanteum class. And, what did I learn from all of these experiences, churches, paths, and teachers? That there is truth, love, ecstasy, light, and goodness in all of them. Today, I belong to none of them and to all of them. I am at home in nature, in church, in temple, in mosque, in sanctuary, and in myself. A few years ago, I discovered the word "omnism" to describe what I believe about every path to enlightenment. What do I practice today? Nothing and everything. I have taken classes from the Rosicrucians since 1983 and still do. I am a member of the Theosophical Society. I read everything from Madame Blavatsky to my recent obsession, Mitch Horowitz. I spend time outdoors every day. I meditate. And, I still take classes from all sorts of people, including those in HYDF. Namaste. Peace profound. Blessed be. Shalom. Selah. So mote it be. Amen. Om. Teresa Wilson is the founder of Kudzu Center (www.kudzucenter.com), a lifelong student of religion, philosophy, esoterica, and is proud to be a teacher in the HYDF community



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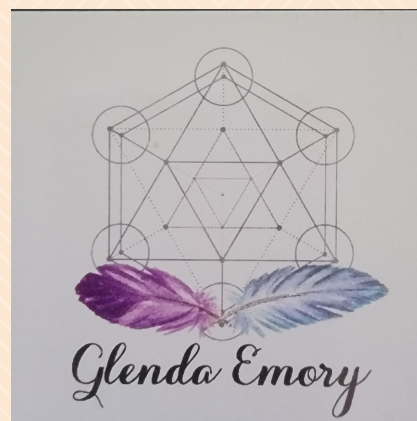
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Why I Don't Just Use Sage

By: Glenda Emory



As a person who professionally does spiritual cleansings of people's homes and businesses I often see people using sage to try and clear out conscious entities with little to no success. The problem isn't the sage, but in how it is being used. Sage is wonderful for blessing space and getting stubborn, stagnate, energy to move out. The problem comes in when you want to make something conscious leave that has decided to set up residence in your home. These conscious entities can be anything from disincarnate people (dead people) to a host of any number of other beings. They like where they are at. Kind of like the roommate that just won't leave when nicely asked and you have to kick them out legally or make it so bad that they give up and go.

Well, sage doesn't kick out anything that really wants to remain where it is.

They like it in your space. They may even like you and your energy specifically. I have seen many just laugh when people go to light the sage. They aren't bothered by it. Weaker energies will just leave because they know your intent and don't want to be somewhere they are not wanted so in some cases yes it will work.

Why I Don't Just Use Sage

By: Glenda Emory

However, if you really want to get rid of something that doesn't belong light the sage, but used something else with it such as Palo Santo, cedar, juniper, dragons blood resin, copal resin, or frankincense resin.

All of these individually can be purchased online. Amazon.com is a good resource, but if you want a super powerful smudge powder that will remove any kind of energy I sell my smudge powder \$10 an ounce and can ship it anywhere in the world. Shipping fees are extra. To order email me at glendaemory@gmail.com

Got something that just won't leave? Give me a call and schedule a 20 minute consult. I may be able to tell you what to do yourself or, if necessary, we can schedule a clearing for you to take care of the problem. 404-939-1137

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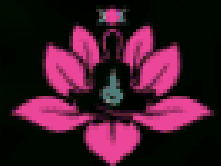
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See Next Page For Schedule!

Ladies Spring Fling

3pm- Check In

5pm Stress Release

Art Table Available

7pm Dinner

Followed by Small Group Breakouts

Saturday

8am Restorative Yoga for All Bodies- Chairs Welcome

9am- Breakfast

10am-Find Your Dosha!

11am-12:30pm

Dreams Dreams Dreams!

12:30 - Lunch

1:30pm -3pm Psychic Development

3pm- Get Your Groove Back!

4pm- Intuitive Panel. Ask Us Anything

6pm- Dinner

8pm Fire Pit Ceremony

Sunday Am

Mediation, Movement, Breakfast & Hugs



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Andrea's Top Ten!!!

Reasons To Put You First !!

1. You will get more with your intuition
2. You will be more solution focused for family
3. Your work flow will ease up
4. Your skin will shine
5. You will age backwards
6. Your communication skills will improve
7. Your addictive cravings will decrease
8. You will know yourself more
9. You will be setting a example for your kids
10. Taking care of yourself is hot.

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